

Lesson Comparison Chart

(Highwood Offers)

Age Requirements	YMCA	Former Red Cross AquaQuest	Red Cross Swim	Lifesaving Society Swim For Life	I Can Swim Lessons
6-12 months with Parent	Splashers	AquaTot 1	Starfish	Parent & Tot 1	
1 -24 months with Parent	Bubblers	AuqaTot 2	Duck	Parent & Tot 2	Dinos
2-3 years with Parent	Bobbers	AquaTot 3	Duck/Sea Turtle	Parent & Tot 3	
3-5 years	Bobbers	Pre AquaQuest 1	Sea Turtle	Preschool 1	Dolphins 1
	Floater	Pre AquaQuest 2	Salamander	Preschool 2	
	Gliders	Pre AquaQuest 3	Sunfish	Preschool 3	Dolphins 2
	Divers	Pre AquaQuest 4	Crocodile	Preschool 4	
	Surfers	Pre AquaQuest 5	Whale	Preschool 5	Dolphins 3
	Dippers				
6 + years	Otter	AquaQuest 1	Level 1	Swimmer 1	Stage 1
		AquaQuest 2			
	Seal	AquaQuest 3	Level 2	Swimmer 2	
	Dolphin	AquaQuest 4	Level 3		
		AquaQuest 5	Level 4	Swimmer 3	
	Swimmer	AquaQuest 6	Level 5		
	Star 1	AquaQuest 7	Level 6	Swimmer 4	
	Star 2	AquaQuest 8	Level 7	Swimmer 5 / Rookie Patrol	
	Star 3	AquaQuest 9	Level 8	Swimmer 6 / Ranger Patrol	Stage 3
	Star 4	AquaQuest 10	Level 9		
	Star 5	AquaQuest 11	Level 10	Star Patrol	
		AquaQuest 12			
	Star 6			Bronze Star	
Maser Swimmer			Bronze Medallion		
13+ years				Bronze Cross	
14 + years	Assistant Swim Instructor	AquaLeader			
15 + years			Assistant Water Safety Instructor		
16 + years	Swim Instructor	Water Safety Instructor	Water Safety Instructor	Lifesaving & Swim For Life Instructor	I Can Swim Instructor

